



Define Potential presents:

# Leading Through Change

## Course Overview:

In today's dynamic workplace, the ability to lead teams through change is more critical than ever. This interactive course will equip you with the skills and knowledge to guide your team effectively during times of transition. Whether you're facing organisational restructuring, flexible or hybrid work environments, adopting new technologies, or navigating market shifts, this course will provide you with the tools to lead with confidence and resilience.

## Course Details

### Format



- Online
- In-person

### Duration



- Half days
- 1 or 2 days

### Audience



- Emerging leaders
- Mid-level leaders

\$750pp GST inc.\*

## Course Outline

### Session 1

#### Introduction to Change Management

- Definition and importance
- Common challenges

#### The Psychology of Change

- Emotional responses to change
- Identifying and managing resistance

### Session 2

#### Leadership Styles in Change

- Your role as change leader
- Transformational vs. transactional leadership
- Discovering your preferred style in addressing change with the Change Style Indicator (CSI)
- Adapting your style to the situation

### Session 3

#### Leading in Flexible Environments

- Fostering a culture of adaptability
- Empowering team members
- Building a team culture within a hybrid environment

#### Communication Strategies

- Transparent and effective communication
- Handling difficult conversations

### Session 4

#### Sustaining Momentum

- Maintaining morale and productivity
- Measuring and celebrating success

## Key Learning Objectives



Understand the fundamentals of change management and its impact on teams



Identify the emotional aspects of change



Examine your leadership style to effectively work with teams during change



Explore effective communication that will support teams in change



Develop strategies to maintain team morale and productivity during transitions

"Change is the law of life. And those who look only to the past or present are certain to miss the future."

– John F. Kennedy

**Want more information?** Contact us via any method below to learn more  
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\* Plus Eventbrite booking fee