

Define Potential presents:

Team Dynamics and Communication

Course Overview:

Developing an understanding of team dynamics and the role of communication is vital in a high performing team. This course explores the concept of self within a team, how to overcome team challenges by building trust, and how to communicate with influence.

Course Details

Format



- Online

Duration



- 6 hours

Audience



- Mid-level leaders

\$750pp GST inc.*

Course Outline

Session 1

Welcome and Introduction

- Overview of the program

Session 2

Understanding Self Within a Team

- Self-awareness as a critical ingredient
- The three interpersonal needs (using the DiSC, HBDI or FIRO-B diagnostics)
- Team roles and responsibilities

Session 3

The Emotionally Intelligent Team

- Trust, intrinsic motivation and engagement
- Team purpose
- Collaboration through support and through challenge

Session 4

Managing Team Dynamics

- How to hold power with others, not power over others
- Identifying systems within teams and holding learning dialogues
- Holding challenging conversations

Session 5

Communication for Teams

- Reading others - the role of verbals, visuals and vocals
- Communicating across different needs and preferences
- Best practice processes that foster powerful communication

Key Learning Objectives



Strengthen self-awareness and gain insights into your inter-personal drivers



Explore tools for strengthening teamwork and team purpose



Reflect on communication approaches for different needs and preferences



Identify team systems and dynamics

"Coming together is a beginning.
Keeping together is progress. Working
together is success." – Henry Ford

Want more information? Contact us via any method below to learn more
www.definepotential.com.au / 02 6174 0869 / admin@definepotential.com.au

* Plus Eventbrite booking fee