

Define Potential presents:

# Individual Development Planning



## Course Overview:

This course supports participants to take ownership of their development, exploring strategies to build a practical, personalised development plan. The course explores strengths and preferences, methods to identify capability gaps and considers targeted development strategies aligned to your role and career goals.

## Course Format

Format



- Online

Duration



- 6 hours

Audience



- All Employees
- People Leaders

\$750pp GST inc.\*

## Course Outline

### Session 1

#### Welcome and introduction

- Overview of the day, and key frames

### Session 2

#### Why development planning matters

- What are the development planning goals?
- Individual Development Plans

### Session 3

#### Understanding Yourself

- Values at work
- Individual preferences
- Skills gap analysis

### Session 4

#### Aligning your goals with organisational objectives

- Interconnections between individual and organisational goals
- Development approaches to achieve outcomes
- Case study

### Session 5

#### Setting and achieving SMARTER goals

- Goals overview
- SMARTER

### Session 6

#### Developing Potential

- Growth mindset
- Comfort with discomfort
- The development planning conversation
- Action planning

## Key Learning Objectives



Explain the role of development planning



Identify individual development goals



Describe your individual work preferences, strengths and skills gaps



Explore capability and development strategies



Define what makes a SMARTER goal

“Setting goals is the first step in turning the invisible into the visible.”

– Tony Robbins

**Want more information?** Contact us via any method below to learn more  
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\* Plus Eventbrite booking fee